

California's Adult Day Health Care Centers are More Than A Place

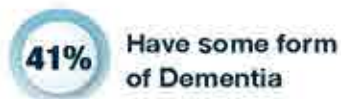


California's Adult Day Health Care Centers (sometimes called "Adult Day Care") are keeping thousands of vulnerable seniors and adults with disabilities at home—and out of nursing homes—by providing a safe place to go during the day, and so much more— including integrated health care by licensed professionals, socialization for participants and respite for their caregivers at home.

A model of care that came to the United States from Europe in the 1970's as part of the growing field of geriatric care, the Adult Day Health Care model recognizes the unique health challenges related to aging, the value of keeping people out of institutions, and the importance of staying connected to your community.

California's licensed Adult Day Health Care Centers are a Medi-Cal approved benefit for people who are eligible for placement in nursing homes. They provide an alternative to institutionalization at a fraction of the cost through California's CBAS (Community Based Adult Services) program.

Who do we serve?



During the COVID-19 crisis, Centers have shifted to providing care at home for participants including:

- Care coordination
- Communication with the beneficiary's personal health care provider
- Medication monitoring
- Assessing and monitoring for COVID-19 symptoms such as cough or fever
- Wellness checks
- Behavioral Health screenings
- Family Training
- Providing home delivered packages (food, hygiene products, medical supplies)
- Providing essential, non-emergency medical transportation
- Maintaining a dedicated telephone support line for participants and family